



☕ COFFEE & BREAKFAST

Grapevine Cafe & Coffeehouse

A South Padre staple with great coffee, breakfast, and a laid-back island atmosphere.

Kat's Pick:

Vanilla latte + breakfast tacos

Yummies Bistro

One of the island's most-loved breakfast spots. Expect fresh food, great coffee, and a line that's worth the wait.

Kat's Pick:

Breakfast tacos + iced coffee

Cafe Karma

A cozy spot for coffee, pastries, and a slower start to the day.

Kat's Pick:

Coffee and a pastry before a morning beach walk

☀️ FAMILY FAVORITES

Sea Turtle, Inc.

A local rescue and rehabilitation center dedicated to protecting sea turtles. Educational, family-friendly, and a great way to support conservation efforts.

Cost: \$

South Padre Island Birding & Nature Center

Beautiful boardwalks, observation towers, and plenty of wildlife. Perfect for families looking for a slower-paced adventure.

Cost: \$\$

Sunset Beach Walk

Simple. Free. Perfect.

Kick off your shoes, grab a treat, and enjoy one of the best sunsets Texas has to offer.

Cost: Free

💕 DATE NIGHT IDEAS

Sunset Dinner on the Bay

Find a waterfront restaurant, order your favorite drink, and watch the boats come in as the sun sets over Laguna Madre.

Best At Sunset 🌅

Beach Walk After Dark

No itinerary.

No schedule.

No distractions.

Just a long walk by the water and a chance to enjoy being together.

Sometimes the best date night is simply nowhere to be.



✨ THE UNDERRATED PICK

Watch the Sunrise.

Everyone talks about South Padre sunsets. The sunrise over the Gulf is quieter, less crowded, and honestly a little magical.

Grab a coffee.

Find a spot on the beach.

Enjoy having the island mostly to yourself.

Wake up early once.

Trust me.

♥️ PLANNING A TRIP?

I'll be offering a limited number of South Padre Island Sessions during my stay.
September 12-14, 2026

Choose from:

🌴 The Beach

🌴 The Clubhouse

Learn more:

www.thornetheory.com/southpadreislandsessions

Instagram:

@bythornetheory

Thorne Theory Photography
Real moments. Beautifully preserved.

Recommendations are based on personal favorites. Be sure to check hours before visiting.